



Physical Education Curriculum Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Fundamentals: Unit 1 Children will develop their fundamental movement skills through the topic of 'all about me'. Fundamental skills will include balancing, running, changing direction, jumping, hopping and travelling. Children will develop gross motor skills through a range of activities. They will learn how to stay safe using space, follow rules and instructions and work independently and with a partner.	Fundamentals: Unit 2 Children will develop their fundamental movement skills through the topic of 'places and spaces'. Children will develop skills of balancing, running, hopping, jumping, travelling and changing direction. Children will develop fine and gross motor skills, through handling equipment. They will learn how to stay safe using space and understand and follow rules and instructions. They work independently and with a partner to complete tasks.	Gymnastics: Unit 1 Children will develop basic gymnastic skills through the topic of 'animals and their habitats'. Children explore creating shapes, balances, and jumps and begin to develop rocking and rolling. They show an awareness of space and how to use it safely and perform basic skills on both floor and apparatus. They copy, create, remember and repeat short sequences. They begin to understand using levels and directions when traveling and balancing.	Gymnastics: Unit 2 Children will develop basic gymnastic skills through the topic of 'traditional tales', to include 'Jack and the Beanstalk' and 'Goldilocks and the Three Bears'. Children explore creating shapes and balances, jumps and rolls. They begin to develop an awareness of space and how to use it safely. They perform basic skills on both floor and apparatus. They copy, create, remember and repeat short sequences. They begin to understand using levels and directions when travelling and balancing.	Games: Unit 1 Children will develop their understanding of playing games through the topic of 'transport'. Children will practise and further develop fundamental movement skills through games. They will also learn how to score and play by the rules, how to work with a partner and begin to understand what a team is, as well as learning how to behave when winning and losing.	Games: Unit 2 In this unit children will practise and further develop their fundamental movement skills through the topic of 'around the world'. Children will learn and develop these skills by playing a variety of games. They will also learn how to work as a team, take turns, keep the score, play against an opponent and play by the rules.
Year 1	Fundamentals Ball Skills	Target Games Team Building	Gymnastics Dance	Ball Skills Sending & Receiving	Athletics	Sending & Receiving Athletics
Year 2	Ball Skills	Invasion Games	Gymnastics Dance	Football	Athletics	Cricket Tennis
Year 3	Ball Skills Y3/4	Basketball Hockey	Gymnastics Dance	Football	Athletics	Cricket Tennis
Year 4	Ball Skills Y3/4	Basketball Hockey	Gymnastics Dance	Football	Athletics	Cricket Tennis
Year 5	Basketball Netball	Tag Rugby Hockey	Gymnastics Dance	Football	Athletics	Cricket Tennis
Year 6	Basketball Netball (Swimming)	Tag Rugby Hockey (Swimming)	Gymnastics Dance (Swimming)	Football (Swimming)	Athletics (Swimming)	Cricket Tennis (Swimming)

*Refer to unit Knowledge Organisers for a detailed overview of Year 1-6 PE units.